

# Helping Makes Me Happy

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# Helping Makes Me Happy

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**EDU-MEDIA**

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Illustrations by Pat Hoggan

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Everybody needs help sometimes.  
You do, and I do.  
But that's not all.  
Everybody can help others at times, too.  
Do you know how?



One way I help is by holding the door open  
for my little brother.

I hold it open for other people, too.

Do you?





Today my friend held the door open  
for me when I came to school.

That was a big help because I was  
carrying a lot of things in my arms.

Do you ever need help?



I like to help other people.  
Being helped makes them smile  
and look happy.







I help my brother button his coat  
and tie his shoelaces.  
He smiles.

My teacher smiles when I pick up  
my things.

My mother smiles, too.

Does yours?







Good manners help people feel happier, too.  
When I remember my good manners and take  
turns, people smile at me more.  
They look happier.

I helped my father clean up the dishes  
after supper last night.

And do you know what he said?

“Thank you.”







Do you know what I said?  
I said, "You're welcome."  
That helped us both feel happy.



I say, "Please." And it helps me feel happier  
when other people say, "Please," to me.

How do you feel when someone says,  
"Please"?



There are other ways to help.  
Can you think of some?



Other times I help by being quiet  
and listening when someone else is talking.







I also can help a friend find something  
that is lost.

Have you helped your friend  
find something that is lost?



I can help in lots of ways.  
So can you.  
Helping makes people happy.  
And helping makes you happy, too.





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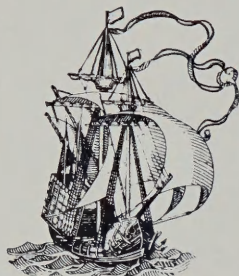
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